americares

WORKING TOGETHER

ZIJA MIRACLE FOUNDATION

AmeriCares is a non-profit disaster relief and humanitarian aid organization. They provide immediate response to emergency and medical needs as well as supporting long-term humanitarian assistance programs for all people around the world. The World Health Organization estimates that one third of the world's population, nearly 2 billion people, lacks access to essential medicines. Since their founding in 1982, AmeriCares has provided over $12 billion in aid to 164 countries. Through our partnership with AmeriCares, Zija has supported feeding programs through the distribution of Zija Meal Pack, water purification, hygiene education and disaster relief in 20 countries across the globe.

Nutrition Facts

Servings Per Container 20
Serving Size: 1/2 cup dry mix (111g)

Amount Per Serving	
Calories	470
	% Daily Value
Total Fat 10g	13%
Saturated Fat 1.5g	8%
Trans Fat 0g	†
Cholesterol <5mg	2%
Sodium 570mg	25%
Total Carbohydrate 68g	25%
Dietary Fiber 5g	18%
Total Sugars 25g	†
Includes 25g Added Sugar	44%
Protein 16g	
Vitamin D 2mcg	10%
Calcium 300mg	23%
Iron 3mg	15%
Potassium 720mg	15%
Vitamin A	10%
Vitamin C	8%
Vitamin E	12%
Thiamin	8%
Riboflavin	8%
Niacin	8%
Vitamin B6	7%
Folate	6%
Vitamin B12	15%
Pantothenic Acid	12%
Phosphorus	20%
Magnesium	6%
Zinc	8%
Selenium	10%
Copper	15%

† Daily Value not established

ZIJA MEAL PACK

KEY BENEFITS

- Provides key nourishment and features Moringa oleifera
- Provides carbohydrates, fats, proteins, and a variety of vitamins and minerals
- Easy-to-digest formula is simple to mix and prepare, and only requires boiling water
- Each Zija Meal Pack donation counts as a charitable contribution and is tax deductible

KEY INGREDIENTS

Oat Flour, Moringa Leaf Powder, Moringa Blend, Mangosteen Fruit Powder, and Vitamin Blend

DID YOU KNOW?

- Zija International has collaborated with Americares, a company that has 38 years of experience responding to those in need. This partnership ensures the delivery of Zija Meal Packs to where they are needed most.
- Approximately 9 million people die of hunger each year according to world hunger statistics, more than the death toll for malaria, AIDS, and tuberculosis combined in 2012.
- A recent delivery of Meal Packs was sent to Iraq to provide desperately needed nutriment for those in need.
- In 2016, an estimated 815 million people across the world were undernourished—that number is up 38 million from 2015.

SUGGESTED USE

- Combine 1 part dry mix with 4 parts boiling water. Stir and serve.

JOIN US!

1 MEAL PACK PROVIDES 20 MEALS

DONATE
YOU CAN MAKE A DIFFERENCE **Today**