



TRIM & TONE

Slimming Blend

Ingredients: Orange oil, Lemon oil, Tangerine oil, Black Peppercorn oil, Spearmint oil, Grapefruit oil, Peppermint oil

To help combat the overabundance of processed and unwholesome foods and drinks that can lead to weight problems and poor health, we carefully crafted the Améo Trim & Tone blend. It combines various beneficial essential oils to help increase your metabolism, manage your appetite, and control cravings so that you can focus on making healthier food and drink choices throughout the day. It can also help uplift your mood naturally.

BENEFITS

With Améo Essential Oils like Orange, Lemon, Tangerine, Black Peppercorn, Spearmint, Grapefruit and Peppermint, Trim & Tone aids in digestion, encourages detoxification, and helps remove extra water and fat from the body. It also invigorates the mind and body while releasing stress.

SUGGESTED USES

- Add 3-7 drops of Trim & Tone to daily drinking water to help boost your metabolism and curb your appetite
- Diffuse Trim & Tone in an Améo diffuser in your home or office to give it a fresh, crisp and invigorating scent
- Rub 1-3 drops of Trim & Tone into palms and inhale deeply for a dose of detoxifying ingredients that will help you manage your appetite between meals
- Apply Trim & Tone topically as needed to problem areas to help reduce the appearance of cellulite
- Add 4-7 drops of Trim & Tone to an Améo Veggie Cap and consume to encourage metabolic detoxification
- Add 2 drops of Trim & Tone under the tongue to help curb your appetite throughout the day

Aromatic Neat

Topical Photo Sensitive

Internal

